



CLONGOWES FOUNDATION

Clongowes Foundation invites you and a guest to join us for the 2018

LEADERSHIP SERIES:

'Before we lead others we must lead ourselves'

Guest Speaker: JACK KAVANAGH (OC '11)

Cultivating and maintaining the characteristics of leadership and resilience in life is a constant challenge for all of us. So we are pleased to have Jack Kavanagh join us to share his story. Jack sustained a spinal cord injury in 2012 only weeks before entering his second year of Pharmacy in TCD. As a result he is paralysed from the armpits down with 15% muscle function remaining. However this did not deter him from achieving success in a number of fields. Having completed a BSc in Pharmacy in May 2017 he is currently studying for his Masters of Pharmacy in RCSI. At the same time through talks and workshops Jack continues to deliver to audiences on the concepts of resilience, personal leadership and the power of choice. He was included in a list of "50 Incredible People Who Are Shaping Modern Ireland" as someone who is inspirational citing an award winning documentary *Breaking Boundaries* that he and some friends made based on a road trip around America. In 2016 Jack gave the acclaimed Tedx Talk, *Fearless like a child, overcoming adversity*.

On: Wednesday 25th April, 2018.

Refreshments at 6:30pm in **The Fitzgerald Room**.

The Talk, with question and answers, will start at 7:15pm

In: The Merrion Hotel. No 24 Upper Merrion Street.

Admission is complimentary and on a first come basis; but we ask you to register your attendance ahead of the event.

RSVP: Tanya Hayes: thayes@clongowes.net